

LUGGER

20H23

FOWEY

Sandwiches

	£
On warm ciabatta served with salad and homemade apple and sultana coleslaw	
Cheese and red onion marmalade V	9.00
Ham, tomato and wholegrain mustard	9.50
Bacon, Brie and cranberry sauce	9.50
Brie, apple and cranberry sauce V	9.50
Tuna, lemon mayo, red onion, cos lettuce	10.00
Prawns, lemon mayo and cos lettuce	10.50

Jacket Potatoes

Baked jacket potatoes filled with one of the following and served with salad and homemade apple and sultana coleslaw

Cheddar cheese and baked beans V	7.50
Mixed bean chilli V	8.50
Tuna mayo, red onion and lemon mayo	8.50
Chilli con carne and cheddar cheese	9.50
Prawns and lemon mayo	10.00
BBQ pulled pork	10.00

Children's *or for those with a smaller appetite!*

Ham, egg and chips With garden peas	8.50
Fish and chips Beer-battered cod with mushy peas and tartar sauce	8.50
4oz beef burger Served with cos lettuce, cheddar cheese, mayo, chips and coleslaw	8.50
Wholetail scampi With chips, garden peas and tartar sauce	8.50
Mixed bean, courgette and sweet potato chilli V Served with rice and cheddar cheese	8.50
Sausages and mash Served with gravy and garden peas	8.50
Broccoli and pesto pasta V Served with garlic bread	8.50

Paninis

	£
Classic BLT Bacon, tomatoes, cos lettuce with a chilli and paprika mayo	9.00
Chicken pesto Sliced chicken breast, mozzarella, homemade pesto and tomato	9.50
Ham and cheese Ham, Emmental, dill pickles with a honey and mustard mayo	9.50
Tuna melt Tuna flakes with lemon mayo, dill pickles, red onion and cheddar cheese	10.00
Greek grilled cheese V Mozzarella, feta, roasted red peppers and Kalamata olives	9.00
Italian Club Tomatoes, spinach, chorizo, salami, mayo, mozzarella, roasted red peppers, pesto, Kalamata olives and artichokes	11.50
Three cheese V With cheddar, mozzarella and Emmental	8.50
Caprese V Sliced tomato, homemade pesto and mozzarella	9.50

Ploughman's

Served with salad, red onion marmalade, coleslaw, pickles, piccalilli and mixed breads

Ham and cheese	13.00
Smoked mackerel	14.50

See our board for Daily Specials
Please place your order at the bar

Please note:

We take steps to minimise the risk of cross-contamination when preparing your food, but we do not have specific allergen-free zones in our kitchen. If you are lactose intolerant or if you would like more information about our preparation methods, please ask one of our team members for assistance. Information about all other allergens is recorded and available upon request.